

# TUSH TONERS

body sculpting

## User Manual



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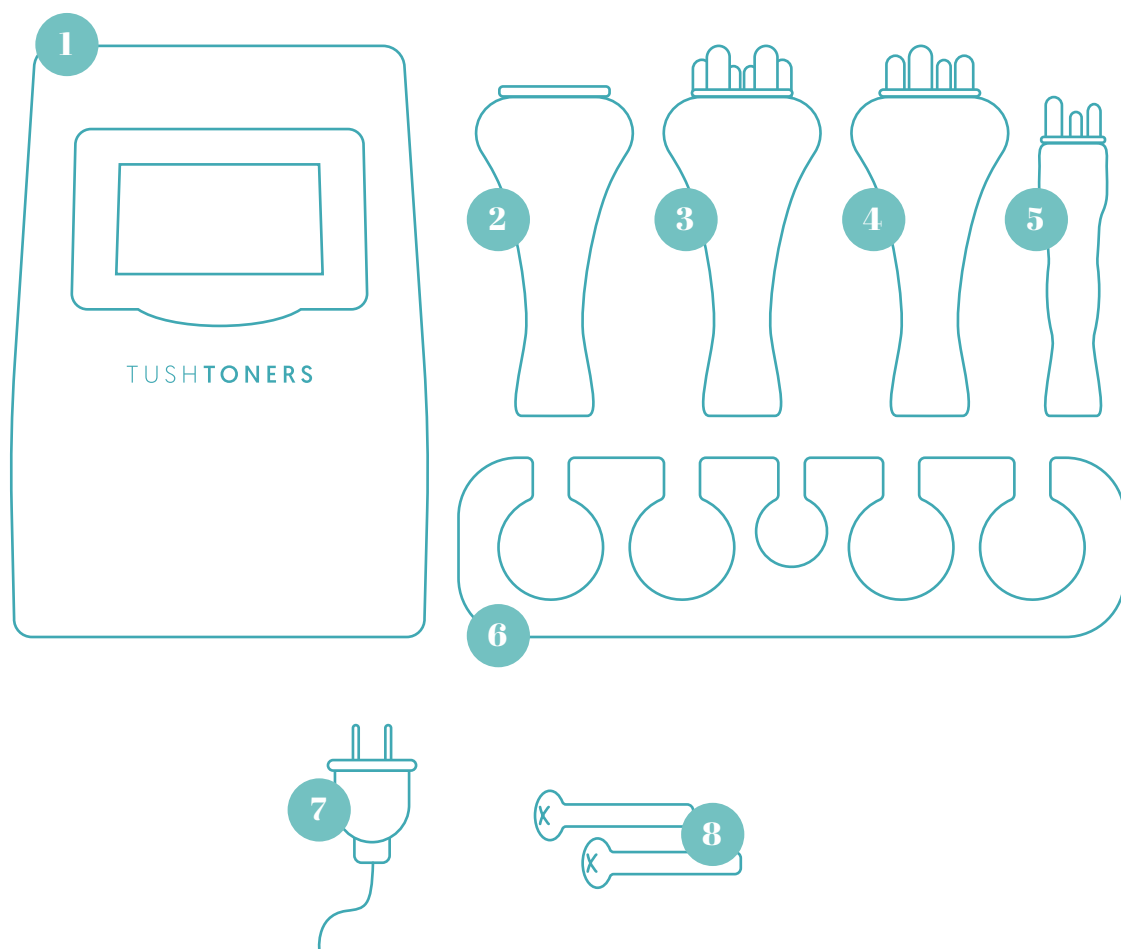
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## WHAT'S INSIDE?

- |                                |                                      |
|--------------------------------|--------------------------------------|
| 1. Machine                     | 5. Tripolar Face Radiofrequency Wand |
| 2. Ultrasonic Cavitation Wand  | 6. Handle Rack                       |
| 3. 6 Polar Radiofrequency Wand | 7. Power Cord                        |
| 4. 4 Polar Radiofrequency Wand | 8. 2 Screws                          |





ASSEMBLY

## ASSEMBLY

2 Screws are already screwed onto the top back of the machine, simply slide the rack onto the screws and tighten.

Each wand connects to the machine. The connection ports on the back of the machine have either 3, 4, 5 or 6 holes. Simply connect the wand by matching it to the corresponding number on the hole.



## RECOMMENDED USAGE

Do not use more than 90 minutes a week.



### **STOMACH (Loose Skin ONLY)**

Use radiofrequency for skin tightening. 15-45 minutes per session, up to 2 times a week.



### **STOMACH (Inch Loss)**

Use ultrasonic cavitation first then radiofrequency. Use ultrasonic cavitation 15-30 minutes then radiofrequency 15 minutes, up to twice a week.



### **INNER OR OUTER THIGHS**

Use ultrasonic cavitation first then radiofrequency. Use ultrasonic cavitation 15-30 minutes then radiofrequency 15 minutes per leg, up to twice a week.



### **BUTT**

Only use radiofrequency 15-45 minutes per session, up to 2 times a week.



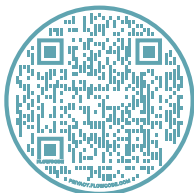
### **FOREHEAD / UNDER THE CHIN / JAWLINE**

Only use radiofrequency. Start with 15 minutes per week. You can slowly increase up to 30 minutes per week.



### **ARMS**

Only use radiofrequency 15-45 minutes per arm per session, up to 2 times a week.



**Scan to access video training!**

OR VISIT [WWW.TUSHTONERS.COM/TRAINING](http://WWW.TUSHTONERS.COM/TRAINING)

## IMPORTANT NOTES

**YOU MUST APPLY OIL BEFORE PLACING THE DEVICE ON YOUR BODY!**

We recommend using baby oil. Continue to reapply oil if it becomes too warm or lower the settings.

### PIERCINGS

Remove all piercings and jewelry if you are doing body contouring to the area (no belly rings for the stomach and no earrings for jawline/chin treatments).

## AFTERCARE

Clean the wands with an alcohol-based solution. **DO NOT GET LIQUID INSIDE THE DEVICE OR ON THE SCREEN.** This may cause damage and void the warranty.

**DRINK LOTS OF WATER 48 HOURS POST BODY CONTOURING** and work out!

This will help eliminate the fat from the body faster.

## WHAT TO EXPECT

Adjust the intensity settings to what works best for you. It's ok to start low and increase, or start high and decrease. Having redness or bumps on the area afterwards is very normal and can last up to a week. Discontinue use if the area becomes sensitive and wait at least a week to resume. Always apply SPF when going out in the sun to minimize your risk of sunburn.

**WARNING! DO NOT USE THIS PRODUCT IF** you are pregnant, nursing, have any medical devices implanted including, but not limited to, hearing aids, pacemakers, or hormonal pellets, have cancer, lymphatic disorders, cardiovascular conditions, uncontrolled diabetes, kidney or liver disorders or any other medical condition not listed that might be a contraindication. This product is not intended to diagnose, treat, cure or prevent any disease. This product is not a medical device and statements made regarding these products have not been evaluated by the Food and Drug Administration. All information presented here is not meant as a substitute for, or alternative to, information from healthcare practitioners. Please consult your health care professional about potential interactions or other complications before using this or any product. Results are not guaranteed. Individual results will vary based on age, BMI, and overall shape your body is in.



## **Questions?**

Call **488-4-TUSHES**

Monday-Friday: 9:00 - 6:00pm CST

Saturday & Sunday 9:00 - 4:00pm CST

**[WWW.TUSHTONERS.COM](http://WWW.TUSHTONERS.COM)**